

Commonly Prescribed Compounding Ideas for Patients Experiencing Pain



TFC PHARMACY

Commonly Requested Formulas for Patients with Arthritis/Joint Pain

See PCCA Document #99205, *A New Approach to Arthritis by Andy Glasnapp – Consultant's Corner* (11-15 Apothagram).

PCCA Formula # 9446	Glutathione 20% (W/W) Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 12050	Magnesium Chloride Hexahydrate 10% Topical Lipoderm®
PCCA Formula # 9861	Cetyl Myristoleate 2% Topical Lipoderm®
PCCA Formula # 10805	Naltrexone HCl 0.5 mg Capsules Size #1 (LoxOral™)
PCCA Formula # 10803	Naltrexone HCl 4 mg Capsules Size #3 (LoxOral™)

See PCCA Document #99100, *Video on Demand Overview:*

Low-Dose Naltrexone – January 26, 2016 (#45-2300), and PCCA Document #99139, The Possibilities of Naltrexone by Sebastian Denison (03-16 Apothagram).

PCCA Formula # 9448	Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9447	Ibuprofen 20% Topical Lipoderm® (FormulaPlus™ BUD Study)



Commonly Requested Formulas for Patients with Inflammation

PCCA Formula # 9448	Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9447	Ibuprofen 20% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 11096	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)
PCCA Formula # 9450	Piroxicam 5% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 10706	Diclofenac Sodium 10% Topical Lipoderm® ActiveMax™
PCCA Formula # 9516	Ibuprofen 20%/Piroxicam 1% Topical Lipoderm®

Commonly Requested Formulas for Patients with Neuropathic Pain

PCCA Formula # 10835	Ketamine HCl 5%/Gabapentin 10%/Clonidine HCl 0.2%/Baclofen 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 11100	Ketamine HCl 5%/Gabapentin 6%/Amitriptyline HCl 3%/Indomethacin 5%/Tizanidine HCl 0.2%/Lidocaine 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11091	Ketamine HCl 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Gabapentin 6%/Lidocaine 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 10862	Ketamine HCl 10%/Diclofenac Sodium 8%/Gabapentin 6%/Bupivacaine HCl 1%/Cyclobenzaprine HCl 2%/Baclofen 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 10319	Flurbiprofen 10%/Cyclobenzaprine HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 10287	Diclofenac Sodium 5%/Gabapentin 5%/Amitriptyline HCl 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)

Commonly Requested Formulas for Patients with Muscle Spasms

PCCA Formula # 9791	Guaifenesin 10% Topical Lipoderm®
PCCA Formula # 10154	Magnesium Sulfate Heptahydrate 10% Topical Lipoderm® ActiveMax™
PCCA Formula # 10056	Guaifenesin 10%/Magnesium Sulfate Heptahydrate 10% Topical Lipoderm®
PCCA Formula # 11090	Flurbiprofen 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Tetracaine 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)
PCCA Formula # 11096	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)

Commonly Requested Formulas for Patients with Bone Pain

PCCA Formula # 11251	Ibuprofen 400 mg/5 mL Oral Suspension (SuspendIt™)
PCCA Formula # 2491	Ibuprofen 400 mg Base MBK Suppository (Pink Mold)
PCCA Formula # 9114	Ibuprofen 600 mg Base MBK Suppository (Large Shell Mold)
PCCA Formula # 9115	Ibuprofen 800 mg Base MBK Suppository (Large Shell Mold)
PCCA Formula # 7790	Ibuprofen 800 mg/5 mL Oral Suspension

Commonly Requested Formulas for Patients with Plantar Fasciitis

PCCA Formula # 10319	Flurbiprofen 10%/Cyclobenzaprine HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 10288	Lidocaine 2%/Diclofenac Sodium 3%/Cyclobenzaprine HCl 2%/Baclofen 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 10586	Tramadol HCl 5%/Lidocaine 5%/Cyclobenzaprine HCl 2%/Diclofenac Sodium 5%/Menthol 1%/DMSO 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 10612	Flurbiprofen 10%/Amitriptyline HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine 2%/Magnesium Chloride 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 10862	Ketamine HCl 10%/Diclofenac Sodium 8%/Gabapentin 6%/Bupivacaine HCl 1%/Cyclobenzaprine HCl 2%/Baclofen 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11090	Flurbiprofen 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Tetracaine 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)
PCCA Formula # 11091	Ketamine HCl 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Gabapentin 6%/Lidocaine 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 9450	Piroxicam 5% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9378	Ketoprofen 20%/Ibuprofen 2%/Ketamine 2%/Clonidine 0.2%/Amitriptyline HCl 2%/Guaifenesin 2% Topical Lipoderm®
PCCA Formula # 9381	Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm®
PCCA Formula # 9874	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9379	Baclofen 2%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm®
PCCA Formula # 9375	Amitriptyline HCl 2%/Ketoprofen 2%/Carbamazepine 2% Topical Lipoderm®

Commonly Requested Formulas for Patients with Migraines

PCCA Formula # 11087	Sumatriptan 4%/Meloxicam 2%/Topiramate 5% Topical Lipoderm®
PCCA Formula # 9379	Baclofen 2%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm®
PCCA Formula # 11100	Ketamine HCl 5%/Gabapentin 6%/Amitriptyline HCl 3%/Indomethacin 5%/Tizanidine HCl 0.2%/Lidocaine 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 10755	Sumatriptan 5%/Tramadol HCl 5%/Gabapentin 5%/Doxepin HCl 5%/Indomethacin 5% Topical Lipoderm®
PCCA Formula # 10154	Magnesium Sulfate Heptahydrate 10% Topical Lipoderm® ActiveMax™
PCCA Formula # 7921	Diclofenac Sodium 4% Topical Lipoderm®
PCCA Formula # 11873	Lidocaine HCl 4%/Ketamine 2.5% Buffered Nasal Spray
PCCA Formula # 7825	Lidocaine HCl 4% Isotonic Nasal Spray
PCCA Formula # 4454	Riboflavin 200 mg/Caffeine 30 mg/Ketoprofen 12.5 mg Capsules Size #1
PCCA Formula # 6556	Indomethacin 10% Topical Lipoderm®

Commonly Requested Formulas for Patients with Allodynia

Sometimes people have pain on the skin upon which they cannot apply cream. Using a spray or foam may make them comfortable enough to apply Lipoderm®.

PCCA Formula # 11022	Ketoprofen 10%/Cyclobenzaprine HCl 2%/Amitriptyline HCl 2%/DMSO 15% Topical Spray
PCCA Formula # 10538	Lidocaine HCl 10%/Tetracaine HCl 5%/Prilocaine HCl 5%/Bupivacaine HCl 1% Topical Spray
PCCA Formula # 6734	Ketamine HCl 2%/Morphine Sulfate 2% Topical Foam
PCCA Formula # 5026	Ketamine HCl 4%/Morphine Sulfate 4% Topical Spray
PCCA Formula # 5027	Ketamine HCl 10%/Bupivacaine HCl 0.3% Topical Spray

Commonly Requested Formulas for Patients with Radiation Burns

See PCCA Document #98741, *PracaSil™-Plus Case Study: Radiation Burn Skin (Acinic Cell Carcinoma)*, and PCCA Document #98870, *PracaSil-Plus Case Study: Open Wound After Radiation*.

PCCA Formula # 11041	Misoprostol 0.0024%/Lidocaine HCl 2% Topical Lotion (VersaBase®)
PCCA Formula # 11396	Ketoprofen 2%/Lidocaine 2%/Misoprostol 0.0024%/Phenytoin 2%/Aloe Vera 0.2% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10944	Allantoin 2%/Vitamin D3 1000 IU/Gm/Aloe Vera 0.5% Spira-Wash™ Gel
PCCA Formula # 10137	Ketoprofen 2%/Lidocaine 2%/Aloe Vera 0.2%/Phenytoin 2% Topical Cream (Occlusaderm®)

Commonly Requested Formulas for Patients with Painful Wounds

PCCA Formula # 11964	Arginine HCl 1%/Aloe Vera 0.2%/Misoprostol 0.0024%/Naltrexone HCl 1%/Phenytoin 2% Topical Gel (Spira-Wash™)
PCCA Formula # 11971	Phenytoin 5%/Naltrexone HCl 1% Topical Gel (Spira-Wash™)
PCCA Formula # 12074	Beta Glucan 0.5%/Naltrexone HCl 0.5% Topical Spray (MucoLox™)
PCCA Formula # 11975	Aloe Vera 0.2%/Arginine HCl 1%/Misoprostol 0.0024%/Naltrexone HCl 1% Topical Gel (MucoLox™)
PCCA Formula # 7034	Morphine Sulfate 1 mg/mL Topical Gel

Commonly Requested Formulas for Patients with Vaginal Pain

PCCA Formula # 11108	Amitriptyline HCl 2%/Baclofen 2% Vaginal Gel (MucoLox™)
PCCA Formula # 11109	Ketamine HCl 0.5%/Diazepam 1%/Baclofen 2% Vaginal Gel (MucoLox™/VersaBase®)
PCCA Formula # 11110	Gabapentin 6% Vaginal Gel (MucoLox™/VersaBase®)
PCCA Formula # 11114	Diazepam 10 mg/Gm Vaginal/Rectal Gel (MucoLox™/VersaBase®) (FormulaPlus™ BUD Study)
PCCA Formula # 6988	Atropine Sulfate 2.5 mg/Ketoconazole 100 mg/Biotin 100 mg Base MBK Suppository (Blue Mold)

Commonly Requested Formulas for Patients with Radiation Proctitis

PCCA Formula # 11928	Lidocaine HCl 1%/Beta Glucan 0.5%/Dexpanthenol 1%/Glutamine 2% Rectal Suspension Enema (MucoLox™)
PCCA Formula # 4297	Retention Enema Vehicle

Commonly Requested Formulas for Patients with Irritable Bowel Syndrome (IBS)

PCCA Formula # 11373	Tacrolimus 4 mg/60 mL Rectal Enema (MucoLox™)
PCCA Formula # 4297	Retention Enema Vehicle

For more information,
see PCCA Document
#99122, **MucoLox and
Rectal Conditions** by Nat
Jones – Consultant's Corner
(02-16 Apothagram).

Commonly Requested Formulas for Patients with Rectal Spasms

PCCA Formula # 11126	Baclofen 2%/Guaifenesin 5%/Cyclobenzaprine HCl 2% Rectal Gel (MucoLox™)
PCCA Formula # 9606	Baclofen 20 mg/Guaifenesin 50 mg/Cyclobenzaprine HCl 20 mg Base MBK Suppository (Pink Mold)

Commonly Requested Formula for Patients Experiencing Constipation with Opioids

PCCA Formula # 10804 Naltrexone HCl 0.5 mg Capsules Size #3 (LoxOral™)

Commonly Requested Formulas for Patients with Oral Mucositis Pain from Chemotherapy/Radiation

PCCA Formula # 11144 Stanford Modified Mouthwash (MucoLox™)
PCCA Formula # 11145 Stanford Mouthwash (MucoLox™)
PCCA Formula # 11133 Misoprostol 0.0024%/Diphenhydramine HCl 0.1%/Lidocaine HCl 1% Oral Rinse (MucoLox™)
PCCA Formula # 11128 Doxepin HCl 0.5% Mouthwash (MucoLox™) (FormulaPlus™ BUD Study)
PCCA Formula # 11382 Lidocaine HCl 1%/Beta Glucan 0.5%/Dexpanthenol 1%/Vitamin E Acetate 2%/Glutamine 2% Popsicle (MucoLox™)
PCCA Formula # 11134 Misoprostol 0.0024%/Ketoconazole 1% Compound Oral Rinse (MucoLox™)
PCCA Formula # 11132 Lidocaine HCl 2% Oral Rinse (MucoLox™)
PCCA Formula # 11120 Beta Glucan 0.5%/Dexpanthenol 1%/Vitamin E Acetate 2% Oral Rinse (MucoLox™)
PCCA Formula # 11138 Dexamethasone 3.3 mcg/mL/Tetracycline HCl 13.5 mg/mL/Nystatin 16,667 U/mL/Diphenhydramine HCl 1.25 mg/mL Mouthwash (MucoLox™)
PCCA Formula # 11431 Morphine Sulfate 2% Oral Rinse (MucoLox™)
PCCA Formula # 11139 Glutamine 1 Gm/5 mL Oral Suspension (MucoLox™)
PCCA Formula # 11382 Lidocaine HCl 1%/Beta Glucan 0.5%/Dexpanthenol 1%/Vitamin E Acetate 2%/Glutamine 2% Popsicle (MucoLox™)
PCCA Formula # 5380 Tetracaine HCl 0.5% Sorbitol Lollipop™ Base

Commonly Requested Formulas for Patients with Burning Mouth Syndrome

PCCA Formula # 11128 Doxepin HCl 0.5% Mouthwash (MucoLox™) (FormulaPlus™ BUD Study)
PCCA Formula # 11127 Amitriptyline HCl 2%/Gabapentin 6%/Lidocaine HCl 0.5% Oral Rinse (MucoLox™)
PCCA Formula # 11412 Ketamine HCl 3%/Amitriptyline HCl 2%/Gabapentin 6%/ Lidocaine HCl 0.5% Oral Rinse (MucoLox™)
PCCA Formula # 10893 Salicylic Acid 0.3% Mouthwash (MucoLox™)
PCCA Formula # 3327 Capsaicin 0.25 mg Base A Troche

Commonly Requested Formulas for Patients with Hand-Foot Syndrome

See PCCA Document # 99083, *Hand-Foot Syndrome by Andy Glasnapp – Consultant's Corner (11-15 Apothagram)*.

PCCA Formula # 10608 Salicylic Acid 5%/Urea 20%/Ammonium Lactate 12% Topical Cream
PCCA Formula # 3669 Urea 20%/Lactic Acid 5% (W/W) Topical Cream
PCCA Formula # 9448 Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9377 Amitriptyline HCl 2%/Baclofen 2% Topical Lipoderm®
PCCA Formula # 8541 Ketamine 10%/Gabapentin 6%/Clonidine 0.2%/ Nifedipine 2% Topical Lipoderm®

Commonly Requested Formulas for Patients with Pain Needing Oral Suspensions

PCCA Formula # 11251 Ibuprofen 400 mg/5 mL Oral Suspension (SuspendIt™)
PCCA Formula # 11379 Hydrocodone Bitartrate 10 mg/5 mL/Acetaminophen 325 mg/5 mL Oral Suspension (SuspendIt™)
PCCA Formula # 11260 Morphine Sulfate 100 mg/5 mL Oral Suspension (SuspendIt™)
PCCA Formula # 11725 Morphine Sulfate 1 mg/mL Oral Suspension (SuspendIt™)
PCCA Formula # 11264 Oxycodone HCl 20 mg/mL Oral Suspension (SuspendIt™)

Commonly Requested Formulas for Patients with Amputation Pain

PCCA Formula # 10835	Ketamine HCl 5%/Gabapentin 10%/Clonidine HCl 0.2%/Baclofen 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9378	Ketoprofen 20%/Ibuprofen 2%/Ketamine 2%/Clonidine 0.2%/Amitriptyline HCl 2%/Guaifenesin 2% Topical Lipoderm®
PCCA Formula # 9381	Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm®
PCCA Formula # 9379	Baclofen 2%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm®
PCCA Formula # 9380	Ketoprofen 5%/Cyclobenzaprine HCl 0.5%/Lidocaine HCl 5%/Bupivacaine HCl 1% Topical Lipoderm®

Commonly Requested Formulas for Patients Requiring Ultrasound (Phonophoresis)

PCCA Formula # 4430	Hydroxyethyl Cellulose 3% Aqueous Gel (PF)
PCCA Formula # 5046	Hydrocortisone 10% Ultrasound Gel (PF)
PCCA Formula # 5041	Dexamethasone 1.5%/Lidocaine HCl 4% Ultrasound Gel (PF)

Commonly Requested Formulas for Patients Requiring Iontophoresis

PCCA Formula # 10306	Ketoprofen 10%/Guaifenesin 5%/Gabapentin 5% Iontophoresis Solution (PF)
PCCA Formula # 10304	Lidocaine HCl 10%/Amitriptyline HCl 5%/Cyclobenzaprine HCl 5% Iontophoresis Solution (PF)
PCCA Formula # 8277	Gabapentin 6% Iontophoresis Solution
PCCA Formula # 5051	Lidocaine HCl 4% Iontophoresis Solution (PF)
PCCA Formula # 7666	Ketoprofen 10% Iontophoresis Solution (PF)
PCCA Formula # 5042	Dexamethasone 0.4% Iontophoresis Solution (PF)

Commonly Requested Formulas for Patients Needing Anesthetics Before Laser Procedures

PCCA Formula # 10117	Benzocaine 20%/Lidocaine 6%/ Tetracaine 4%Topical Ointment (Plasticized™)
PCCA Formula # 11652	Benzocaine 20%/Lidocaine 10%/Tetracaine 4% Topical Cream (VersaBase®)
PCCA Formula # 12073	Benzocaine 10%/Lidocaine 5%/Tetracaine 2% Topical Cream (VersaBase®)
PCCA Formula # 5733	Lidocaine 6%/Tetracaine 6%/Benzocaine 4% Topical Gel

For more information,
See PCCA Document
#98634, **Compounding
Topical Anesthetics –
Formula Spotlight** by
Melissa Merrell, PharmD
(09-13 Apothagram).

Commonly Requested Formulas for Patients Needing Anesthetics Before Non-Laser Procedures (Needle Sticks)

PCCA Formula # 9872	Benzocaine 20%/Lidocaine 6%/Tetracaine 4%/DMSO 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9445	Benzocaine 20%/Lidocaine 6%/Tetracaine 4% Topical Lipoderm® (FormulaPlus™ BUD Study)

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